

## FINDING WORK EXPERIENCE OR VOLUNTEERING

### First of all identify the area in which you would like experience and why

- Is this to find out if you like the work and/or to grow your employability skills?
- Is it to find out what other jobs there are in the industry you are interested in or enhance your application for Apprenticeships and/or University?

Find out who employs individuals for the type of work you are interested in.

**Job Profiles** on careers websites can be a useful way to do this:

- <https://www.prospects.ac.uk/job-profiles>
- <https://targetjobs.co.uk/careers-advice/job-descriptions>
- <https://nationalcareersservice.direct.gov.uk/job-profiles/home>

Once you have done this you need to find the employers. A **Google Search** and/or looking on [www.yell.co.uk](http://www.yell.co.uk) can be a useful start but, not all employers will be listed. In particular small companies, where instead, **talking** to people in the industry is the easiest way in. Many of the **Job Profiles** will list industry contacts where, these further details can be found.

*E.g. Farriers are overseen by The Worshipful Company of Farriers: <http://www.wcf.org.uk/>*

Additional sources of employer information which may help you:

[www.thecompleteuniversityguide.co.uk/careers/top-graduate-employers](http://www.thecompleteuniversityguide.co.uk/careers/top-graduate-employers)

<https://www.allaboutschoolleavers.co.uk/employer-rankings>

### Think outside the box

- When looking for work experience consider finding contacts through your networks of friends and family but, also online using tools such as Facebook and LinkedIn.
- It may also be possible to volunteer somewhere first which, may then lead to the chance of being given further work experience.

## Deadlines

- Remember, some work experience opportunities are very competitive to get into and may have specific deadlines.
- Many larger organisations list these work experience and volunteering opportunities on their websites which, should be your first point of call.

*For example: Kent Police: <https://www.kent.police.uk/jobs-recruiting-now/work-experience>*

*East Kent Hospitals: <http://www.ekhuft.nhs.uk/patients-and-visitors/about-us/work-experience/>*

## How to make contact

- If there are no work experience schemes listed on the company websites you are looking at you will need to either arrange to speak to a Manager or Human Resources Officer. This can be done via the telephone, email or letter.
- Often arranging to meet in person to discuss what they can offer you is the most likely way to generate an opportunity.
- Before you make contact, research the company using social media and company websites so, you have an awareness of the company beforehand (including their objectives and organisational culture).

### Further websites to help you can be found at:

- <https://www.prospects.ac.uk/jobs-and-work-experience/work-experience-and-internships>
- <https://university.which.co.uk/advice/career-prospects/work-experience-internships-10-ways-to-get-the-most-out-of-them>
- <http://www.bbc.co.uk/programmes/articles/1ykkFJQJskCW0xrWNfj3kV/work-experience>
- <http://www.independent.co.uk/student/career-planning/how-to-find-a-work-experience-placement-7946055.html>
- <https://www.pearson.com/uk/learners/fe-and-college-students/career-choices/careers-advice-topics/how-to-find-work-experience.html>